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FOR IMMEDIATE RELEASE

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Kayak & Comfort in Sweden – Explore Stockholm’s Archipelago from an Island Inn

Breinigsville, Pennsylvania – Svea Adventures announces a 3-day, guided, inn-based sea kayaking adventure in the northern archipelago region of Stockholm, Sweden.

Experience a different world, away from the stress of cell phones and internet, as you glide gently among the islands and coves in what many call the most beautiful archipelago in the world. Enjoy good conversation, a siesta in the sun and lunch on a favorite island, while exploring the outer islands. Picturesque summer cottages decorate the shores and the locals greet you as you paddle by. The route is determined as you go along and dependent on currents, winds and weather.

Enjoy two nights at a comfortable island inn with private rooms and shared facilities. The inn hosts a restaurant on the water; serving delicious archipelago specialties and a great environment to relax after a day of sea kayaking. An ocean-side sauna is also available and offers a unique Scandinavian archipelago experience.

"Our guide, Jens, was absolutely wonderful and made us feel completely taken care of. We loved the days spent kayaking and learning about Sweden, Swedish and the archipelago. I had been concerned that I wouldn't be able to manage the kayak well enough, but Jens helped me and made me feel competent and strong. It was a fabulous experience that left me with a heightened appreciation for both Sweden and the beauty and serenity provided by kayaking. Loved it! ...The food was way better than expected! Delicious and innovative creations from the kitchen on Fejan surprised and delighted us. The lunches were huge and excellent and I appreciated the coffee breaks with snacks. Our trip was just perfect," says past guest Barbara Curtis of California.

Svea Adventures has two departures scheduled for 2006 – July 3 and August 7. The cost is \$1320/person and includes round trip transfers from Stockholm, 2 nights of accommodations, all meals, kayaking equipment and knowledgeable guide. For a surcharge, custom departures can be scheduled with a minimum of two participants.

Contact Svea Adventures for more information at (610) 351-1083 or visit the company's website at www.sveaadventures.com

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